Scottish Cross Country Short Course Championships
Individual Medalists (Men)

The President's (Alan Potts) Trophy
First presented 5-Nov-2011

2025-6	Finlay Ross-Davie	Garscube H	11.13	Logan Rees	Fife AC	11.18	Jamie Crowe	Central AC	11.22
2024-5	Ben Potrykus	Inverclyde AC	11.19	Jamie Crowe	Central AC	11.21	Aiden Thomson	Central AC	11.25
2023-4	Jamie Crowe	Central AC	11.26	Scott Stirling	Falkirk Victoria H	11.28	Freddie Carcas	Edinburgh AC	11.32
2022-3	Ben Potrykus	Inverclyde AC	11.12	Tom Graham-Marr	Central AC	11.14	Ben MacMillan	Central AC	11.17
2021-2	Andrew Butchart	Central AC	11.47	Jamie Crowe	Central AC	11.53	Lachlan Oates	Shettleston H	11.56
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Andrew Butchart	Central AC	11.54	Sol Sweeney	Glasgow University H&H	11.55	Carl Avery	Morpeth H	11.58
2018-9	Sol Sweeney	Glasgow University H&H	11.32	Adam Craig	Inverclyde AC	11.36	Michael Ferguson	Aberdeen AAC	11.40
2017-8	Cameron Boyek	Central AC	12.01	Lachlan Oates	Shettleston H	12.05	Sol Sweeney	Glasgow University H&H	12.05
2016-7	Ben Stevenson	Falkirk Victoria H	12.05	Tewoldeberhan Mengisteab	Shettleston H	12.09	Michael Ferguson	Aberdeen AAC	12.13
2015-6	Andrew Butchart	Central AC	12.02	Alistair Hay	Central AC	12.04	Tewoldeberhan Mengisteab	Shettleston H	12.08
2014-5	Andrew Butchart	Central AC	12.03	Daniel Mulhare	Inverclyde AC	12.10	Tewoldeberhan Mengisteab	Shettleston H	12.13
2013-4	Alistair Hay	Central AC	12.18	Robert Russell	Central AC	12.19	Andrew Butchart	Central AC	12.21
2012-3	Mark Mitchell	Forres H	12.18	David Vernon	VP City of Glasgow AC	12.19	Ross Houston	Central AC	12.21
2011-2	Matthew Gillespie	Shettleston H	12.37	Alexander Hendry	Central AC	12.38	Tewoldeberhan Mengisteab	Shettleston H	12.42
2010-1	Daniel Mulhare	Inverclyde AC	11.43	Alistair Hay	Central AC	11.49	Mark Mitchell	Forres H	12.03
2009-10	Daniel Mulhare	Inverclyde AC	11.15	Tewoldeberhan Mengisteab	Shettletson H	11.23	Tsegezab Woldemichael	Shettleston H	11.28
2008-9	Tsegai Tewelde	Shettletson H	12.22	Tewoldeberhan Mengisteab	Shettletson H	12.25	Alistair Hay	Central AC	12.37
2007-8	Alistair Hay	Central AC	12.18	Chris McKay	Inverclyde AC	12.31	Robert Russell	Central AC	12.37
2006-7	Alistair Hay	Central AC	12.28	Mark Pollard	Inverclyde AC	12.32	Robert Russell	Central AC	12.36
2005-6	Simon Plummer	Woodford Green AC	11.48	Steven Vernon	East Kilbride AAC	11.53	Darren Gauson	City of Edinburgh	11.59
2004-5	Robert Russell	Central AC	12.35	Kevin Sheppard	Aldershot, Farnham & Dist	12.43	Simon Plummer	Team Solent AC	12.50
2003-4	Andrew Lemoncello	Fife AC	12.13	Robert Quinn	Kilbarchan AAC	12.15	Michael Morris	Morpeth H	12.22
2002-3	Steve Cairns	Hunters Bog T	12.39	Andrew Lemoncello	Fife AC	12.41	Matthew Bell	City of Edinburgh	12.44
2001-2	Phil Mowbray	Hunters Bog T	12.01	Donald Naylor	Hunters Bog T	12.13	Jonathon McCallum	Croyden	12.24
2000-1	Steve Cairns	Hunters Bog T	12.09	Tommy Murray	Inverclyde AC	12.16	Adrain Callan	Shettleston H	12.28
1999-2000	Phil Mowbray	Hunters Bog T	12.16	Robert Quinn	Kilbarchan AAC	12.19	Michael Morris	Chester-Le-Street	12.25
1998-9	Robert Quinn	Kilbarchan AAC	13.10	Jim Toner	Strathclyde Univ	13.33	Alistair Russell	Law & District AAC	13.47

Masters Championships

M40

2025-6	Iain Whitaker	Edinburgh AC	12.37	Grant Baillie	East Kilbride AC	12.39	Colin Reilly	Cambuslang H	12.39
2024-5	Darrell Hastie	Gala H	11.56	Iain Whitaker	Edinburgh AC	12.14	Jim Tole	Metro Aberdeen RC	12.15
2023-4	Darrell Hastie	Gala H	12.15	Iain Whitaker	Edinburgh AC	12.19	Grant Baillie	East Kilbride AC	12.46
2022-3	Mark Doherty	Inverclyde AC	11.59	Grant Baillie	East Kilbride AC	12.26	Matthew Blunden	Moray RR	12.40
2021-2	Jim Tole	Metro Aberdeen RC	13.04	Gordon Robertson	Cambuslang H	13.15	Scott Brember	Central AC	13.17
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Grant Baillie	East Kilbride AC	13.03	Leon Johnson	Edinburgh AC	13.20	Benjamin Hukins	Cambuslang H	13.27
2018-9	Scott Brember	Central AC	12.39	Benjamin Hukins	Cambuslang H	12.42	Darren Muir	Law & District AAC	12.47
2017-8	Robert Gilroy	Cambuslang H	13.06	Iain Reid	Cambuslang H	13.08	Leon Johnson	Edinburgh AC	13.14
2016-7	Robert Gilroy	Cambuslang H	12.56	Cris Walsh	Bellahouston H	13.45	Steven Campbell	Greenock Glenpark H	13.55
2015-6	Kenneth Campbell	Ronhill Cambuslang H	13.25	Chris Greenhalgh	Giffnock North AAC	13.31	Gordon Barrie	Dundee Hawkhill H	13.49
2014-5	Gordon Barrie	Dundee Hawkhill H	13.49	Stephen Allen	Law & District AAC	13.59	Stuart Campbell	Corstorphine AAC	13.59

M50

2025-6	Brent Brodie	Bellahouston H	13.21	Tim Hely	Edinburgh AC	13.53	Andrew Davis	PH Racing Club	14.05
2024-5	John Coyle	Garscube H	13.01	Scott Brember	Central AC	13.04	Justin Carter	Cambuslang H	13.16
2023-4	David Gardiner	Motherwell AC	13.27	Daniel Scroop	Garscube H	13.39	Allan Cameron	Cumbernauld AAC	13.46
2022-3	David Gardiner	Motherwell AC	13.01	Stephen Allan	Cunbernauld AC	13.13	Roger Clark	PH Racing Club	13.29
2021-2	David Gardiner	Motherwell AC	13.43	Stephen Allen	Cunbernauld AC	14.12	Stuart Robertson	Perth RR	14.38
2020-1	No Championship due to Covid-19 pandemic								
2019-20	David Gardiner	Motherwell AC	13.37	Stephen Allan	Motherwell AC	14.32	David Knight	Perth RR	14.36
2018-9	Stephen Allan	Motherwell AC	13.33	Charles Thompson	Cambuslang H	13.44	Andrew White	Greenock Glenpark H	13.46
2017-8	Ross McEachern	Cumbernauld AAC	14.10	Michael Mcloone	Greenock Glenpark Harriers	14.18	John Blair	Edinburgh AC	14.43
2016-7	Andy Little	Shettletson H	14.08	Brian Scally	Shettletson H	14.18	James Gallacher	Kirkintilloch O	14.33
2015-6	Andy Little	Shettletson H	14.02	David Cross	Edinburgh AC	14.42	Colin Feechan	Ronhill Cambuslang H	14.44
2014-5	Chris Upson	Ronhill Cambuslang H	14.30	Robert McLennan	Garscube H	14.40	Dave Cross	Edinburgh AC	15.00

M60

2025-6	Michael McLoone	Greenock Glenpark Harriers	15.15	Grant Matheson	Falkirk Victoria H	15.16	David Thom	Cambuslang H	15.27
2024-5	Colin Feechan	Cambuslang H	14.35	David Eckersley	Central AC	15.10	Michael McQuaid	Falkirk Victoria H	15.16
2023-4	Colin Feechan	Cambuslang H	14.37	Edward Stewart	Cambuslang H	14.45	David Thom	Cambuslang H	14.46
2022-3	Alastair Walker	Teviotdale H	13.28	Colin Feechan	Cambuslang H	14.46	Jeff Farquhar	Pitreavie AAC	14.48
2021-2	Jeff Farquhar	Pitreavie AAC	15.11	Paul Forbes	Edinburgh AC	15.27	John Oates	Shettleston H	15.41
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Colin Feechan	Cambuslang H	13.41	Robert McLennan	Garscube H	15.32	John Crookston	PH Racing Club	15.41
2018-9	Alistair Walker	Teviotdale H	13.49	Paul Thompson	Cambuslang H	14.55	Donald Petrie	Kilbarchan AAC	15.11
2017-8	Donald Petrie	Kilbarchan AAC	15.40	John Crookston	PH Racing Club	16.43	Ian Robert Johnston	PH Racing Club	16.48
2016-7	Alexander Chisholm	Garscube H	15.41	Gerard Gaffney	Inverclyde AC	17.10	Michael Dunn	Greenock Glenpark H	17.21
2015-6	Robert Wilson	Greenock Glenpark H	16.09	Andrew Law	VP-Glasgow AC	16.26	Michael Dunn	Greenock Glenpark H	16.37
2014-5	Robert Wilson	Greenock Glenpark H	16.32	Andrew Henderson	Calderglen H	17.05	Robert Carson	Bellahouston H	19.08

M70

2024-5	Andrew Law	Victoria Park City of Glasgow AC	17.29	Brian McAlinden	Motherwell AC	17.44	John McFarlane	Wee County Harriers	19.38
2024-5	Tony Martin	Fife AC	16.19	Ed Norton	PH Racing Club	17.14	Eric Stevenson	Edinburgh AC	18.35
2023-4	Tony Martin	Fife AC	16.17	Ed Norton	PH Racing Club	16.50	Frank McMahon	Greenock Glenpark H	19.13
2022-3	Tony Martin	Fife AC	15.33	Ed Norton	PH Racing Club	16.46	Malcolm Hammond	PH Racing Club	17.33

2021-2	Edward Norton	PH Racing Club	17.47	Frank McMahon	Greenock Glenpark H	19.27	Eric Stevenson	Edinburgh AC	19.34
2020-1	**No Championship due to Covid-19 pandemic**								
2019-20	Frank McMahon	Greenock Glenpark H	18.53	Patrick Kelly	Law & District AAC	19.28	Stuart Irvine	Garscube H	21.24

M80

2024-5	**No Finishers**			
2022-3	Leslie Nicol	Metro Aberdeen RC	23.49	**Only 1 athlete finished**